

GRANT WEEKLY

MARCH 18-22, 2019

CALENDAR

NEWS YOU NEED TO KNOW

For updated Athletic information go to: https://www.grantathlet ics.com/

Mon., March 18 B Day Period 5 8:30-10:02 Period 6 10:07-11:39 11:39-12:16 Lunch 12:21-1:53 Period 7 Period 8 1:58-3:30 Baseball Varsity @ Clackamas 5:00 PM **Baseball JV vs Clackamas** @ Marshall Campus 5:00 PM **Baseball Frosh vs** Clackamas @ Irving Park 4:30 PM

PM Girls Tennis vs. Parkrose @ Grant Park 4:00 PM

Girls Golf @ RedTail 3:00

Boys Tennis @Parkrose High School 4:00 PM

Tue., March 19 A Day
Period 1 8:30-10:02
Period 2 10:07-11:39
Lunch 11:39-12:16
Period 3 12:21-1:53
Period 4 1:58-3:30
Boys Golf @ Rose City
3:00 PM

Wed., March 20 B Day
Period 5 8:30-10:02
Period 6 10:07-11:39
Lunch 11:39-12:16
Period 7 12:21-1:53
Period 8 1:58-3:30
Baseball Varsity @ West
Linn 5:00 PM
Baseball JV vs West Linn

PARENT PRESENTATION ON VAPING

Tuesday, March 19th at Beverly Cleary Fernwood from 6:30pm to 8:30pm "How Parents Can Talk About Vaping and Other Risky Behaviors" PPS schools have identified concerns about youth vaping. School personnel have observed students engaging in risky behaviors such as buying, exchanging, and selling vaping devices, cannabis, and other illegal substances. Schools also report that there is a growing concern among their parent population that youth use is impacting their ability to function at school, home, and with friends. In response to these concerns, we have collaborated with Big Village and Cascadia Behavior Health to host a presentation to provide more information and allow space for parents to ask questions.

PARENT SUPPORT GROUP

Get peer support from those who have been there. Join us for a free, drop-in peer-led support group for parents and caregivers of children and adolescents with mental health barriers. Starting in March, **evening** groups will be held the third Tuesday of every month from 6:00pm to 7:30pm.and **day** groups held the third Thursday of every month from 11:00am to 12:30pm. Group sessions will be held at NAMI Multnomah, 522 NE 52nd Avenue, Portland. Any questions? Please call 503-228-5692

PARKING LOT ACCIDENTS

Recently we have had a few hit and run accidents in our parking lot. Some damage has been fairly serious. If an accident occurs in the Marshall campus parking lot it should be reported to the school's main office, Campus Security, or leave a note, with contact information, on the car.

MAX SAFETY REMINDER

We are still receiving reports from TriMet that Grant students are continuing unsafe behavior to and from the MAX station. They are walking in the middle of the road, crossing against lights, and in front of buses. Parents, please remind your students to always use caution when walking to and from the station and always stay on the sidewalks and follow traffic lights. TriMet has a new paratransit service facility at the Powell MAX station, with roughly 110 vehicles housed at the facility.

NATIONAL SCHOLASTIC ART MEDALISTS

Congratulations to our National Scholastic Art Medalists! Mishaya Mitchell and Akira Nakamura received gold medals for individual art works and Maya McDarragh and Sabine Kenney were awarded silver medals. We appreciate our student artist's dedication to their work!

LOST AND FOUND ITEMS AT GRANT

@ Marshall Campus 5:00 PM Baseball Frosh vs West Linn @ Irving Park 4:30 PM Softball JV/VAR vs. Lakeridge @ Grant Bowl 4:00 PM Track & Field vs. Benson

& Jefferson @ Marshall

Campus 4:00 PM

Thu., March 21 A Flex Period 1 8:30-9:46 9:51-10:51 **FLEX** Period 2 10:56-12:12 Lunch 12:12-12:48 Period 3 12:53-2:09 2:14-3:30 Period 4 **Boys Golf @** Eastmoreland 3:00 PM Boys Tennis vs. **Beaverton @ Grant Park** 4:00 PM Girls Tennis @ Beaverton 4:00 PM Softball JV/VAR vs. North

Salem @ Grant Bowl 4:00

PM

Fri., March 22 B Flex Period 5 8:30-9:46 **FLEX** 9:51-10:51 Period 6 10:56-12:12 Lunch 12:12-12:48 Period 7 12:53-2:09 Period 8 2:14-3:30 Baseball Varsity vs. Sprague @ Marshall Campus 5:00 PM Baseball JV/Frosh @ Sprague 5:00 PM

Is your student missing something? The lost and found is overflowing! We have coats, clothes, lunch boxes, water bottles, etc. Lost and found is located in the hallway outside of the main office. Please stop by or encourage your student to stop by if they are missing something.

Whatever is left will be sent to the PTA Clothes Closet on March 22.

PTA CLOTHES CLOSET NEEDS YOUR HELP!

Volunteers are needed to help run the Clothes Closet on Monday, April 15th from 9:30am to 1:30pm. Volunteers will help assist students to find suitable clothing, and to help sort and wash clothing. Please contact Sharon Meigh-Chang at sclschang@comcast.net or at 503-293-0783

ALL BORN (IN) 14TH ANNUAL CONFERENCE

Support Inclusion; Reject Segregation WE ALL BELONG! The All Born (in) 14th Annual Cross-Disability Best Practices Educational Inclusion Conference will be held Saturday, April 6th, 8:30am – 5:30pm at the Holiday Inn Portland Airport. Register online by April 3rd at https://secure.ggiv.com/for/abic2/event/799395/



2019 ABI Brochure for WEB & EMAIL FI

NEWS FROM NUTRITION SERVICES

Families interested in submitting a Free and Reduced meal application for the 2019-20 school year can apply on or after July 1, 2019. The new federal income guidelines will be published on the updated meal application and posted on the Nutrition Services website after July 1st. It will be located online https://www.pps.net/Page/2464 and will include translated versions. Families can also apply online on or after July 1, 2019 via the SchoolCafe website: www.schoolcafe.com or download the mobile app. If they are new to SchoolCafe, they must register and create an account. Online meal applications are more accurate, are processed quicker and families can not only check the status of their application, but they can also print out a copy of their approval letter.

For summer registration packets or to hand out information during the school year, schools can print out the attached flyer which explains how families can apply for Free and Reduced meal benefits. Please note, the flyers were designed to print double-sided – English is on one side and the translation (Chinese, Russian, Somali, Spanish, Vietnamese) is on the other. There is also a one page English only version. Please do not distribute the 2018-19 Free and Reduced meal applications for incoming 2019-20 students. These applications cannot be processed for this purpose.

For Free and Reduced price meal benefit questions, please call the PPS Meal Benefits Office at 503.916.3402 or email mealbenefits@pps.net.

LET'S REBOOT BOOSTERS FOR 2019!

Since 1978, parents have helped fund activities beyond the classroom including clubs, courses, sports, dance and more. Some of the extracurricular expenses include lift tickets for the Grant Ski Team, supplies for Grant Magazine, and buses for field trips and yarn for the Knitting Club.

Boosters isn't just about supporting athletics. They also support many of the activities that enrich the high school experience and give students opportunities to explore. These opportunities include National Honor Society, Nothing But Treble Choir, Band and of course, all athletic teams.

The Boosters need your help and are seeking interested parents to help support Grant students and staff.

For more information on the Grant Boosters go to: https://www.pps.net/domain/4241

GRANT GIVES 2019



ROTARY EXCHANGE STUDENT INFORMATION NIGHT

The Rotary Club of Portland is hosting an information night for families interested in hosting an exchange student and freshman and sophomores interested in becoming an outbound exchange student. We exchange with 22 countries throughout Europe, South America, and Asia. We offer both a full year and a summer only programs.

When: Wednesday, April 17, 6:30 - 8:30

Where: Lucky Lab Public House in Multnomah Village

Pizza and soft drinks provided.

Contact David Noall at dnoall45@gmail.com

NEWS FROM THE SCHOOL NURSE:

Good Day Oregon reported 3/7/19 that area hospitals are seeing an increased number of flu (influenza) cases. From the CDC flu resource center

You might ask "Isn't it too late to get vaccinated?" No, it's not too late! CDC recommends that flu vaccination efforts continue throughout the flu season. Flu season most often peaks between December and March, but activity can occur as late as May. Dr Jernigan, Director of CDC is recommending people continue to get the flu vaccine. It takes about 2 weeks for antibodies to develop after the vaccine. https://www.cdc.gov/flu/resource-center/nivw/matte-article.htm

Influenza (or flu) is different from a cold. Both a cold and the flu are respiratory illnesses, yet they are caused by different types of viruses with different symptoms. The flu usually comes on suddenly.

To recognize flu symptoms, remember Flu F.A.C.T.S.

F- fever A- aches C – chills T – tiredness S – sudden onset

Also, note that children can have additional flu symptoms that are rare in adults, like vomiting and diarrhea.

From NASN (National Assoc of School Nurses) and the National Foundation for infectious diseases.

https://www.multnomahesd.org/uploads/1/2/0/2/120251715/parent_discussion_guide.pdf

PTA NEWS

Join the PTA- Your membership helps fund our programs at Grant, and advocacy in Oregon and at the national level. You can now join on School Pay.

If you shop at **Fred Meyer and have a Rewards card**, link it to our Community Rewards account and we receive a check each quarter with a percentage of sales. This adds up to thousands of dollars annually with no extra cost to you. You still receive all your same rewards benefits. Please take a few minutes to do this:

- Go to www.fredmeyer.com/communityrewards
- Create an account and select
- Grant High School or #UR833 as the community recipient.

HOST FAMILY OPPORTUNITY IN APRIL

We are looking for a family, or families, who would like to host April 10-15. We need to place two Japanese female nursing students (around 21 years old.) For more information contact Melanie Scheuermann at Melanie.believes@gmail.com

SENIOR ALL NIGHT PARTY NEEDS YOUR HELP

It's time to register your students for the Senior All Night Party which is on June 2. Your student will get **BONUS** raffle tickets for registering by April 1st. They can join classmates and celebrate their accomplishments in an alcohol and drug-free environment the night of graduation. We want **ALL** graduates to come. Please use the following link to register and pay, and consider an additional amount to cover scholarships. Your donation can make it possible for a student to attend who normally might not be able to cover the ticket cost (\$90 per student).

https://grantboosters.schoolauction.net/anp2019/register/ticket_sales

If paying by check please register on line and bring your check to the Main Office at Grant.

The Grant All Night Party Team is also looking for your support with **donations for raffle prizes**. Ways you can easily donate:

- 1. Online with a credit card https://grantboosters.schoolauction.net/anp2019/give,
- 2. By mail or dropping off a check at Grant High School, payable to Grant All Night Party, 3905 SE 91st Ave, Portland, OR 97266.
- 3. **With our Amazon registry!** One of the most popular aspects of the party is the prize raffle. We are looking for prize items big and small, and hoping to get 50 donations by the end of February. Items can be found at our Amazon registry: http://a.co/bxcQj9m. You can have your gift shipped directly to our mailbox (select delivery to All Night Party, c/o Emily Amen). We are adding new items all the time recommendations are welcome!

Thanks again for your support of this fun, safe event!

DID YOU RECENTLY RECEIVE AN EMAIL ABOUT YOUR STUDENTS VERIFICATION FORM?

We are required by the District to have student emergency information on file for all students. If we have not received a verification form for your student then it was recently emailed to you or mailed if we didn't have an email address on file. Please take a few minutes to complete the form, sign it, and return to the Main Office. If you are not sure if you've turned it in, or you need a new copy, please contact the main office at 503-916-5160.

PARKING LOT VEHICLE REGISTRATION:

Is your student driving to Grant? If so, they'll need to register their car(s) at https://goo.gl/forms/qYBF94xoSSahHlu33 This is new this year. We will not be handing out permit stickers but instead keeping a data base on vehicles in our parking lot. By doing this we can help keep your car/property safe.

PARKING LOT ETIQUETTE:

Parents, please remind your driving students to drive safe and be considerate to others in the parking lot. We have a very full parking lot with many students driving. All students have been asked to fill out a vehicle registration form for any car they will be driving to Grant.

FOUR STAR HUNGER PROJECT

The 4Star Hunger project provides a weekend supply of nutritious food for students when school lunch and breakfast is unavailable on a weekend or school holiday. Please help by donating non-perishable food items, such as: Peanut Butter, Jelly, Pasta, Pasta Sauce, Granola Bars, Canned Fruit, Applesauce, Instant Oatmeal, Canned Tuna and Chicken, Soup, Chili, Canned Vegetables, Rice, Beans, Crackers, etc. For any questions, or to make a donation, please contact Catrina Knoerzer at cknoerzer@pps.net or call 503-916-5160 ext. 81

GET THE BELL SCHEDULE APP!

A Grant Bell Schedule <u>app for the iPhone</u>, and Androids are <u>available on the app store</u>. The app allows you to easily view the bell schedule for any day of the school year and for any type of schedule (flex, finals, Race Forward, etc). The app also automatically downloads any schedule changes, so you can be confident that you'll always be up-to-date. The iPhone app also allows you to set a custom reminder before that will go off before the beginning of the next period. Search for "Grant Bell Schedule" in the app store or Google Play Store to install.

CAFETERIA:

Grant has breakfast available every day 30 minutes before school begins in the cafeteria. Breakfast is \$1.50 for students and \$2.25 for adults. Lunch is \$3.40 for students and \$4.40 for adults. In the cafeteria we accept checks made out to PPS nutrition services or cash. If you'd prefer to pay online, please visit SchoolCafe.com. Sorry for the inconvenience, but there is no change provided, instead all payments will be put onto the students' meal account. New this year, each student will be offered one breakfast and one lunch per day. Students will not be able to purchase additional meals or a la carte milk. To apply for Free and Reduced Meals for this school year 18-19, view menus, or for other information please visit our website at www.pps.net/nutrition. If you have any questions please call Julie Jayne 503-916-5160 ex

SCHOOL WATER UPDATE:

Portland Public Schools is pleased to announce that drinking fixtures and fountains in the common areas of all schools are being returned to service during the 2018-19 school year. Test results show that the quality of the water coming from the drinking faucets is now better than the EPA recommendations for schools. The majority of our fountains are now up and operating. Water dispensers have been removed.

CLOTHES CLOSET:

WANTED:

Gently Used Clothing, Shoes, and Accessories!

As the new school year begins, many of you are cleaning out closets. Consider donating to the PTA Clothing Center where your donations will be given directly to PPS families in need; grades K-12. You can receive a tax receipt for your donations.

To make arrangements for clothing drop off or to volunteer contact:

Mary Kroener-Ekstrand at mk-e@uwalumni.com or call/text at 801-558-5698.

TESTING



Registration has closed for AP exams. There is no late registration or walk ins this year. The exams will be administered at the Portland Expo Center in North Portland, located off the TriMet MAX Yellow line. AP Japanese and Chinese will take place at Benson High School.

- **Week 1**. May 6 − 10, 2019
- **Week 2**. May 13 17, 2019

For more info, visit www.pps.net/Page/10514, apstudent.collegeboard.org or see your school's AP Testing Coordinator, Joe Mitacek or April Martin



Junior parents, spring is just around the corner and with it is the Oregon Statewide Assessment System's (OSAS) testing time. Grant will be doing its Language and Math testing the week of April 22 to April 26. The Science portion of testing will take place in your student's science class the last week of May and the first week of June. SBAC testing is mandated by the state of Oregon and we encourage all of our 11th grade students to participate in this test. While it is possible to opt out of the exam the permission to do so must be received 30 days ahead of time (before our Spring Break). This will allow us to prepare for the SBAC administration.

Please go to this website if you have any questions: https://www.pps.net/domain/4838 or contact April Martin in the main office at ext 81090.

DONATIONS

SCHOOL SUPPLIES NEEDED:

We are in need of **Kleenex**, paper towels, thick black dry erase markers, and index cards. Any help will be appreciated.

ATTENDANCE

Please arrange student absences through our Attendance Office (Josie Mullet) either by phone at 503-916-5171 or by email at grantattend@pps.net Josie needs the following information: Spelling of student's name or ID#, reason for absence, and phone number you can be reached at. If you are calling during school hours and reach the voicemail, it is because Josie is on another line or helping a parent or student. All messages will be picked up promptly. For an early dismissal please allow extra time for your student to be located and dismissed from class. Please note that it is not always possible to dismiss a student during the last 15 minutes of class. It is highly recommended to send a note with your student so they can be checked in or out in a timely manner. All absences and tardies must be excused within three school days.

Parents and Students:

Students need to attend all classes and cannot be excused from a class to study or work on other classes. Parents may not excuse students to do this. Skipping a class to study for another class is not excused and it will be considered an unexcused absence. Excused absences are for students participating in an instructional activity such as FIELD TRIP, OUTDOOR SCHOOL, TESTING OR SCHOOL EVENT. Flex time is available for your student to work on homework.

STUDENTS

SAVE THE DATE FOR JUNIOR/SENIOR PROM!

The Junior/Senior Prom is Friday, May 3rd at the Elysian Ballroom.

TEENS RISE UP

TEENS RISE UP Leadership Intensive, July 8-12th at the Process Work Institute in NW Portland. This 5-day program is for teens who want to develop their leadership capacity, build new friendships, impact their communities, and have fun doing it! We gather a diverse group of youth from all walks of life and reach those from underserved communities. **Full scholarships available**, nutritious meals provided. Celebratory BBQ on July 12th for families and community with presentations and performances. Certificates of completion provided for colleges and employers.

Contact the Process Work Institute at 503 223-8188 or go to: https://www.processwork.edu/public-programs/tru-leadership-intensive/



In keeping with our commitment to student safety, last October PPS joined school districts across the state in using the SafeOregon Tip Line. We want to remind you about this important resource.

SafeOregon was funded by the Oregon Legislature as part of a statewide effort to improve school safety. It provides a secure means for anyone to anonymously report suspicious or imminently unsafe situations, such as threats of violence, fights, drugs and alcohol, weapons, bullying, harassment, intimidation or self-harm.

Anyone, from students to parents to community members, can access the system in a variety of ways, including:

- The "Report unsafe behavior" button found on every PPS school's website
- · The <u>SafeOregon website</u>
- · A live call/text (844-472-3367)
- · An email to tip@safeoregon.com
- The mobile app that can be downloaded from your Smart Phone via iTunes or Google Play

Trained staff are available 24 hours a day, 365 days a year, to respond.

Please be sure to share this information with your friends and family. Remind your students: If you see or hear something, say something - immediately.

Let's work together to keep our community safe.

POSTERS/FLYERS IN THE HALLWAYS:

In an effort to keep our halls neat and clean there will be designated areas for the posting of posters and flyers. <u>But first</u>, <u>ALL</u> posters, flyers and brochures <u>must be approved</u> through the Vice Principal's office. Please see Mr. Taylor in Room A-30 for help with the approval process.

REMINDER TO STUDENTS:

Do not leave any valuables (cell phones, backpacks, I-pods, handbags, wallets) unattended. If you do lose one of these items please fill out a lost/stolen property report in the main office.

ATHLETICS

GRANT SKI RACING TEAM

Congratulations to the Grant Ski Racing Team for a great season! The following skiers qualified for the state race last weekend: Ben Grosscup, Shanley Hartnett, Zoe Coughlin-Glaser, and Melina Jacklet.



GRANT GIRLS ULTIMATE FRISBEE TEAM

Practices start April 3rd. Please see the attachment below for more information.



LIBRARY NEWS

TRIVIAL LUNCH - WEDNESDAY, March 20th

Bring your lunch to the library and test your trivia knowledge. First five teams to sign up (no more than four players per team) will get to compete.

MARCH MADNESS - THURSDAY AND FRIDAY, March 21st and 22nd

Bring your lunch to the library to watch college basketball and cry or rejoice over your bracket choices. Brackets will be available at the circulation counter starting Monday.

CALLING ALL POETS:

CALLING ALL POETS! The **9th Annual Grant Poetry Slam** will be held on **Thursday, April 11th** @ **7 p.m.**

Any poet who wants to perform their poetry at this year's slam MUST sign up in the library.

Deadline for signing up is Friday, April 5th.

COLLEGE & CAREER CENTER

Save the Date!! Grant High School's College Information Night is Tuesday, April 2nd at 6:30pm. Workshop topics will include: How to Write a Dynamic College Essay, Differences and Benefits of Public, Private, and Community College, A Closer Look at Paying for College, The Parent Role in the College Search, Apply, Finance,

and Enroll Process, The Basics of the SAT and ACT, How the Private Schools Evaluate Applications, Tips for First Generation and Traditionally Underrepresented College, Top Ten Ways to Make the Most of Summer Break, and What you need to know if you plan to apply to a University of California school.

COLLEGE VISITS –

Are you considering a community college option for next year? A community college with a dorm and 20 minutes from the ski slopes? What about a community college with 18 scholarships for Grant High School graduates? Come to the College Career Center for more information and to get help with your applications and questions. Don't miss this opportunity!

CAREER EXPLORATION -

- 1.<u>Upcoming Career Days</u> come to the College and Career Center for registration forms:
 - a. Microsoft DigiGirlz, April 4th
 - b. Adidas April 10th
 - c. Simple Bank April 16th
- 2. <u>Volunteer at Blanchet House</u>: are you concerned about suffering amongst our homeless and low income populations? Blanchet House has a "Student Ambassador" program and is looking for passionate students who want to learn more and do more to help. This is a hands-on program where you work on individual and group projects that bring awareness to the work of Blanchet House, homelessness, available social services and policy affecting the unsheltered community. Learn more and apply at https://blanchethouse.org/ambassador/. Deadline April 5th.
- 3. Summer opportunities lots are coming in, these are just a few. Come to the CCC for more Or check our Instagram account @ghscollegeandcareercentral: a. University of Portland Summer Nursing Camp interested in
- Nursing? Check out this FREE 4 day summer nursing camp at UofP: https://nursing.up.edu/son-high-school-nurse-camp-2019.html. Dates: July 29-August 1. Must be 16 years of age by the first day of camp.
- b. Portland Gear Brand Camp: interested in business, branding, entrepreneurship? This one-week camp could be for you. Sponsored by the University of Oregon and staged by the folks at Portland Gear, you'll learn all about what goes into their business and how to build one of your own. Two, one-week dates available: June 24-28th and July 22-26th. Find out more and apply: https://portlandgear.com/pages/brand-camp. Deadline is "as soon as full"!
- c. Volunteer at the Portland Japanese Garden: for ages 16 and up Bonsai Docent, Retail Volunteer and/or Volunteer Librarian. Learn more and find an application here: https://japanesegarden.org/volunteers/

SENIORS

60 DAY RULE STARTS APRIL 1ST

Commencement disqualification: Requiring that seniors be disqualified from participation in commencement exercises and related activities if within 60 school days of the last senior school day they are found to be in violation of district Alcohol or Drug policy or any violation resulting in a three or more days of suspension or

more serious disciplinary action. (Reference 4.30.020-AD) Be aware that all school pranks resulting in vandalism or disruption of the school day could also be a violation of this rule, and may result in not being allowed to participate in prom and/or graduation.

TRANSCRIPTS

Seniors, you are welcome to pick up an official transcript to submit to scholarship applications, but all official transcripts for colleges go through Naviance. You must complete a list of the colleges you plan to apply to in Naviance and request transcripts there. All non-common application school transcripts will be sent by our transcript secretary quickly. Common Application requires a package be sent by the counselor, which includes a school report form, counselor report form, school profile, letter of recommendation (or we can say that we are not using this option) and the transcript. It is expected that any student who chooses to use the Common Application to a college has had a conversation with their counselor and we are working on completing this process together. The more communication the better! Please visit your counselor if you have any questions.

FAFSA INFORMATION

There is a link to the Financial Aid Application Worksheet that helps you know what information you need to have in order to complete the FAFSA/ORSAA on the Grant High School website under College Career Center, Events and Information.

VOLUNTEERS NEEDED

If you are interested in volunteering at Grant you will first need to do an online background check with the School District.

Go to https://apps.pps.net/volunteermanagement/

If you have anything to submit for the next weekly bulletin please email Sue at sdavis@pps.net by noon Thursday.